

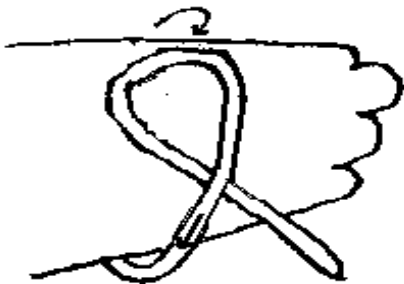
The Friendship Knot

The knot frequently referred to as the Friendship Knot is illustrated below. This illustration is modified from The Ashley Book of Knots by Clifford W. Ashley (p. 141 # 787). It is in the category of Two Strand Lanyard Knots. It is often given as token of friendship or recognition by Scouts and Scouters to be worn from the shirt pocket button.

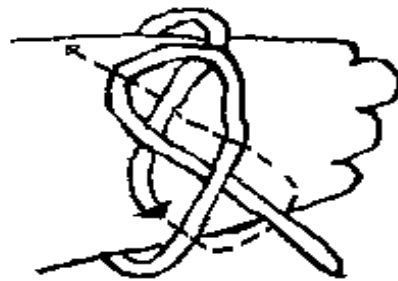
It is also known as the Sailor's Knife Lanyard Knot, Marlingspike Lanyard Knot, Single Strand Diamond Knot, Two Strand Diamond Knot, and Bosun's Whistle Knot.

The version used as a friendship knot can be tied in about 9 inches of small cord about the first two fingers of the left hand. Start with a longer piece to work out the concept using the whole hand as a tying fixture.

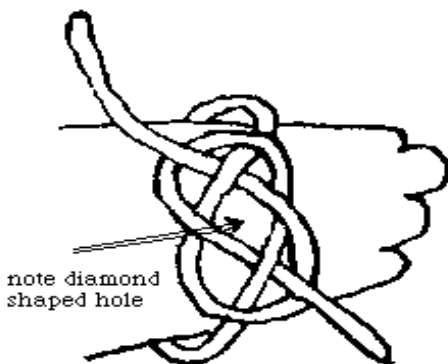
The following sequence illustrates the steps.



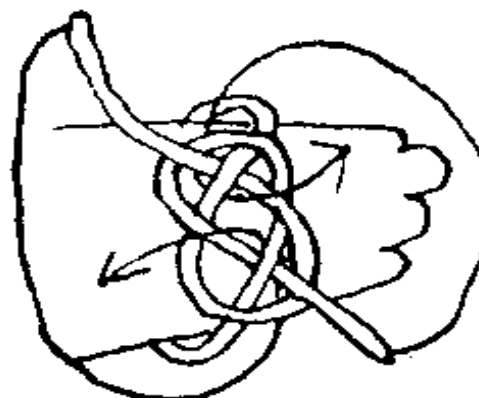
I - underhand loop in palm



II- bring end around back hand and under first loop as shown. Dash line shows next step.



III - work end through as shown and you will have a full Carrick Bend with a diamond hole in the middle



IV- this is the trick getting the ends in the right hole (the diamond)

After completing this sequence remove the knot from the fingers or hand and grasp the open loop left by the cord from around the fingers with one hand and using the other hand gently tighten the knot by a slight pull on the two loose ends. Slack within the knot can be worked through to improve the uniformity of the knot.

