

Medicine Pouch Instruction Notes

Materials

- Lacing will be hemp cord. We can use natural color or paint.
- Plastic lacing needles
- Faux leather
- Punch, hammer, hardwood. (This will slow everyone down. We will need extra punches, hammers, wood, or, we will find holepunchers that are small enough and strong enough.)
- Sharp **scissors**
- Need **pattern** for each pouch. The pattern consists of 3 pieces. ***Modification: MAKE TEMPLATE of the 2 main pieces WITH DOTS PUNCHED OUT***
- The small piece will be the “front” of the pouch. The smallest is the fringe. ***Modification: Paper pattern for fringe but templates for the other two pieces***
- Mark all of the “dots.” The dots are for punch holes.

I'm using pattern I took from http://makingfriends.com/medicine_pouch.htm but I think I might modify it by reducing size

CUTTING OUT

Draw along template for 2 main pieces. Mark through holes. Cut pieces carefully.
FRINGE: Staple paper fringe pattern to leather. When fringe piece is cut, the fringe is cut along the solid black lines.

PUNCH THE HOLES

Okay, I fooled around with this part. One source suggested stapling the pieces together. This is okay IF AND ONLY IF you line the pieces up carefully. The stapling process promotes slippage, or, maybe I was just sloppy.

The ONLY “AROUND-THE-EDGE” HOLES to be punched go through the lower half of the “big” piece, all the “dots” on the small piece. Punch all holes on the fringe pieces. Punch the two dots for the flap loop. Punch the two dots for the “toggle” bead.

Design Area

The design area will be the flap and the small piece. (The flap is the folded-forward front from the larger piece.) REMEMBER, THE FLAP WILL COVER SOME OF THE POUCH!

Draw design on paper before marking on “leather.”

Use Sharpies for drawing design on “leather.” Make sure that design is OUTLINED IN FINE POINT BLACK SHARPIE. If your “leather” is BLACK, you will have to use a silver Sharpie.

ASSEMBLY

Use barrel bead to create “toggle.” This will be tied to small piece of the “leather.” There are two ways to do this.

- Knot hemp and thread through one of the two holes from the INSIDE (fuzzy side). String through the bead and then through the other hole, knotting on the inside. Clip and dab both knots with glue.
- Thread hemp through bead and knot. Next, thread one strand from outside to inside, then knot again. Next, thread the other strand through the other hole, knot and then dab the knots with glue.

Stack pieces together lining up the holes. Make sure the fuzzy sides are together. The fringe is sandwiched in at the bottom. You need to make sure that the leather side will be facing up and the fuzzy side is to back. It's easy to mess this one up. ☹

Sewing Modification

- Take length of hemp and knot one end. Thread plastic needle. Begin at upper left corner of pouch, starting at back and threading through to front. Continue in and out stitching until you reach the last hole in the upper right corner.
- At this point, you will be at the "back." Now, bring your needle AROUND THE SIDE and pass through the last hole. You'll be at the back again. Next, go AROUND THE SIDE and into the next hole. Continue doing this until you reach the fringe area.
- In the fringe area, you can pass the needle through the inside and draw it through to the opposite side. Continue until you reach the upper left corner. Knot hemp at back. Clip and dab with glue.

MAKING THE LOOP

Make a loop and then push ends through holes in flap, going outside to inside. There are a variety of ways to do this. Experiment.



